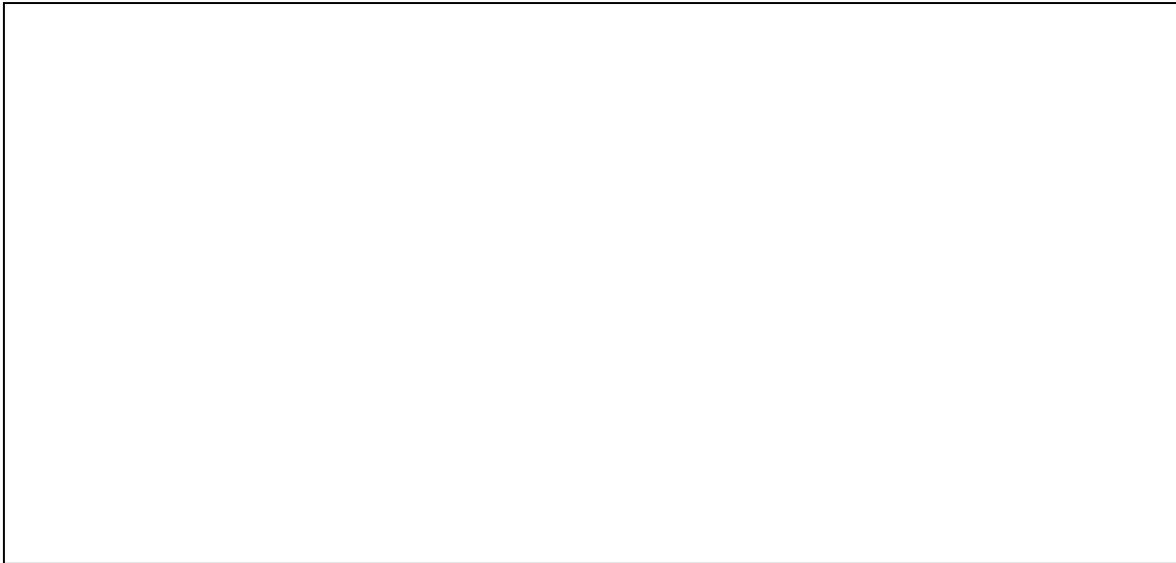


## **Cooking in a Colonial Kitchen Before Reading**

Practice reading these words. Do you know what they mean? How might they relate to colonial cooking?

colonial	electricity	hearth
spoiling	methods	preserving
locally	sweeten	dinner

**Draw a picture of your kitchen in the box below.**



How was a colonial kitchen different from your kitchen? Write at least one idea.

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## After Reading

<b>In modern times, people...</b>	<b>In colonial times, people...</b>
<b>In both modern and colonial times, people...</b>	Cooked on an open hearth
Use electricity	Use dried food
Kept ice in an “ice house”	Use refrigerators
Bake in an oven	Use sugar
Use bananas	Served cornmeal mush at most meals

Eat dinner	Eat dinner at midday
Had supper in the evening	Eat lunch at midday

## **Cooking in a Colonial Kitchen**

### **Multiple Choice Questions**

1. Which is a main idea of the text?
  - A. In colonial times, people did not eat lunch.
  - B. Cooking has changed since colonial times.
  - C. Cooking today has nothing in common with cooking long ago.
  - D. Cooking was much better in colonial times than it is today.
  
2. Which is a **similarity** between colonial cooking and modern cooking?
  - A. People keep food cold with ice from an ice house.
  - B. People only cook on open hearths.
  - C. People still use dried foods today.
  - D. People eat dinner at the same time of day.
  
3. Why did people in colonial times bake only once or twice each week?
  - A. Heating up the oven took a long time.
  - B. It was tiring to stand next to the fire.
  - C. They did not have much electricity.
  - D. They did not like baking very much.
  
4. When did colonial cooks serve dinner?
  - A. At the beginning of the day
  - B. In the middle of the day
  - C. In between lunch and supper
  - D. At the end of the day
  
5. Suppose that the author wanted to add this detail: *“Pots often had feet on the bottom so that they could sit over hot coals.”* Under which heading does this detail belong?
  - A. Heating Food
  - B. Keeping Food
  - C. Kinds of Food
  - D. The Evening Meal

## **Cooking in a Colonial Kitchen**

### *Scaffolded Summary*

Cooking in colonial times was very different from cooking now. Instead of using \_\_\_\_\_, people cooked food over open fires. Cooks did not have \_\_\_\_\_ to keep food cold. Instead, they stored food in \_\_\_\_\_ or used ice from an \_\_\_\_\_. Just like today, though, people \_\_\_\_\_ food. The kinds of food were different, too. People often ate \_\_\_\_\_ in colonial times. They did not use some common foods of today like \_\_\_\_\_. The meals were also different. In colonial times, people ate dinner at \_\_\_\_\_. They called the last meal of the day \_\_\_\_\_. There are some similarities, but there have been many changes in cooking over the years.